



# *Vein Treatment Institute*

of Bucks County

*David N. Brotman, M.D.*

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## **Post – Treatment Instructions**

### **For Laser Vein and Hair Removal Treatments**

1. Care should be taken to prevent trauma to the treated area for the first 24 hours.
2. A minimum **SPF 30** sunscreen (UVA/UVB) should be used for any sun exposure after your treatments for 3 weeks. Sun tanning and tanning beds should be avoided until any redness or discoloration disappears, and for a minimum of 3 weeks after laser treatment.
3. Avoid any strenuous workout, hot tubs and spas for 24 hours after treatment. These may cause vein dilatation and decrease the likelihood of a good result.
4. If the skin is broken or a blister appears, apply Bacitracin or Neosporin and contact us within 24 hours. Also, for further protection, keep the affected area covered and moist with a skin moisturizer, preferably with aloe, and avoid direct sunlight exposure of these areas until resolved.
5. Cold packs, aloe moisturizers or cortisone cream may be used to ease any temporary discomfort.
6. Follow-up examination is recommended 2 weeks after your first treatment.
7. If subsequent treatments are needed for the same skin areas, they should be scheduled at least 6-8 weeks apart.

**If you have any questions or concerns, please call our office (215) 752-5552**