



# *Vein Treatment Institute*

of Bucks County

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## **Pre-treatment Instructions**

### **for Laser Vein and Hair Removal Treatments**

1. **Hair Only:** No plucking, waxing, depilatory or bleaching for a minimum of 2 weeks prior to your first treatment only. We ask that you refrain from any plucking, waxing, depilatory or bleaching during the laser treatment process; these methods will interfere with the laser treatment and may result in requiring more treatments to achieve desired results. Shaving is permitted during laser treatments.
2. **Hair Only:** Please remove make-up, deodorants, and lotions prior to treatment. Ladies: If you are treating your bikini area, please wear white underwear, because the laser is attracted to color.
3. **Hair & Vein:** Shave treatment areas the day of or the day before laser hair reduction treatment (depending on your rate of hair growth). It is best that there be no external hair shafts in the treatment area at the time of your treatment. Shave area for laser vein treatment only if necessary.
4. **Hair & Vein:** If you've started any antibiotics or any other medications that may make you photo sensitive, please let us know. We may have to reschedule your appointment. Also notify the staff if there has been any change in your health status (new medications, heart condition, etc.).
5. **Hair & Vein:** Sun exposure and tanning beds should be avoided for several days' pre and post treatment to avoid blistering. If self tanner is used, you should wait 2 weeks after application to avoid any discoloration. If sun exposure is unavoidable, use a minimum SPF 30 SUNSCREEN (UVA/UVB).
6. **Hair & Vein:** For maximum desired results, multiple treatments will be required at regular scheduled intervals.